



# AMAZONIAN SHAMANISM

12 Month Course 2018 / 2019



## WALKING THE SHAMANIC PATH

During the course you will work on various aspects of shamanism to enhance your energy and wellbeing and your connection with others.

The course content for each module has a general theme, which may be expanded on or vary depending on the group dynamic and the experience of each individual. As such, some subjects may be covered more quickly or more slowly.

There will be group and individual work and an element of practice to do in between sessions. Please do not begin the course now if you are not committed to completing the homework in between sessions. Please wait until you are ready.

## THE PURPOSE OF THE COURSE

To further and deepen your knowledge of yourself, your energy and how to work with the ancient Amazonian shamanic ways. The intention is not that you complete the course qualified as a practising shaman – this is the beginning of your advanced quest into the realm of shamanism and the laying of foundations to ensure that you have a fuller knowledge of yourself and the physical/energetic planes.

## SCHEDULE AND LOCATION

This course runs across one year in four modules of three months each.

Group and One-on-one sessions will take place in Greenwich, London. You will be notified of exact location and contact details upon joining the course.

## WALKING THE SHAMANIC PATH

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### OVERVIEW

During the course you will work on various aspects of shamanism to enhance your energy and wellbeing and your connection with others. Course sections have titles such as the Body, Mind, Spirit, Dreams and Energy. Other sections will include shamanic wisdom, energy protection and working on your skills and gifts.

There will be group and individual work and an element of practice to do in between sessions. This is a very important part of the journey. The work you do in between prepares you for later sessions and integrates what has been taught and experienced. Please do not begin the course now if you are not committed to completing the homework in between sessions. Please wait until you are ready.

This course runs across one year in four modules of three months. The course may be taken as a whole year, or you may take an individual three-month section. Once a three month module has begun, no one may join the course until the next section, as the group energy will be set and the level of teaching established. The first three month part of the course must be undertaken by anyone accepted to join the course, even if only for one module. It is the Foundation Level.

The 12 month course may be paid for in one payment, or it can be paid in four instalments for each three month module. Groups are limited to small numbers.

The course content for each module has a general theme, however, this may expand or vary depending on the group dynamic and the experience of each individual. Some subjects may be covered more quickly or more slowly. This is a 'what is needed' course, rather than set title to cover a certain timeframe. Deeper comprehension is more important than the number of subjects.

### THE PURPOSE OF THE COURSE

#### **Knowledge**

To further and deepen your knowledge of yourself, your energy and how to work with the ancient Amazonian shamanic ways. The intention is not that you complete the course qualified as a practising shaman, this is the beginning of your advanced quest into the realm of shamanism and the laying of foundations to ensure that you have a fuller knowledge of yourself and the physical/energetic planes.

## SCHEDULE

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The course consists of 4 modules studied over 12 months, with each module divided into 3 sessions. Each month there will be a 3-hour group session (from 10am to 1pm) and a one-to-one session.

### THE FIRST MODULE

You will be learning how to walk the path of a shaman. You will work with Kurikindi on preparing the mind, body and spirit. You will be working on your emotions and energy to create balance and harmony. This will also serve as a preparation for the remainder of the course.

#### **Session 1: The Mind**

To look energetically into your thoughts and visualisations. Planting the seeds of shamanic energy to journey towards an emotional balance that is clean and clear. This initial work is preparation to deepen your understanding of shamanism.

Group:

Saturday 23<sup>rd</sup> June 2018

One-to-one:

Tuesday 3<sup>rd</sup> July 2018

#### **Session 2: The Body**

You will work on your mental images of your physical body, the balance of energy and balance within the mind and your personal health and general wellbeing.

Group:

Saturday 21<sup>st</sup> July 2018

One-to-one:

Thursday 2<sup>nd</sup> August 2018

#### **Session 3: Spirit**

You will work to create harmony between mind, body and spirit. Consolidate mental images and thoughts, draw in energy and work on balancing yourself holistically. You will work with song, ceremonies and meditation in both group and private sessions with Kurikindi.

Group:

Saturday 18<sup>th</sup> August 2018

One-to-one:

Tuesday 4<sup>th</sup> September 2018

### THE SECOND MODULE

Walking the shamanic energy path. Exploring Awa Pacha (the universe), Kai Pacha (the physical world) and Uku Pacha (the spirit world).

**Session 4: Awa Pacha**

Learn to quiet the mind. Practise singing Takis (shamanic medicine songs) and learn how to interpret them and the energies felt from varying frequencies.

Group:

Saturday 15<sup>th</sup> September 2018

One-to-one:

Thursday 4<sup>th</sup> October 2018

**Session 5: Kai Pacha**

To learn about and experience the four elements - Earth, Water, Fire & Air and the energetic world in which we live.

Group:

Saturday 20<sup>th</sup> October 2018

One-to-one:

Tuesday 30<sup>th</sup> October 2018

**Session 6: Uku Pacha**

Deepen your understanding of the ancient spirit world and the secrets they hold and share with us through the art of shamanism.

Group:

Saturday 10<sup>th</sup> November 2018

One-to-one:

Tuesday 20<sup>th</sup> November 2018

**THE THIRD MODULE**

Learning how to use shamanic energy. You will look at using your energy to practise 'seeing' further and to begin intentionally connecting with different energies.

**Session 7: The Spirits of Animals**

You will look at using your energy to practise 'seeing' further and to begin intentionally connecting with the spirits of animals.

Group:

Saturday 8<sup>th</sup> December 2018

One-to-one:

Tuesday 18<sup>th</sup> December 2018

**Session 8: The Four Elements**

You will look at using your energy to practise 'seeing' further and to begin intentionally connecting with the energies of the four elements.

Group:

Sunday 13<sup>th</sup> January 2019

One-to-one:

Tuesday 22<sup>nd</sup> January 2019

**Session 9: The Three Worlds**

You will look at using your energy to practise 'seeing' further and to begin intentionally connecting with the energies of Awa Pacha (the universe), Kai Pacha (the physical world) and Uku Pacha (the spirit world).

Group:

Sunday 10<sup>th</sup> February 2019

One-to-one:

Tuesday 12<sup>th</sup> February 2019

**THE FOURTH MODULE**

Walking the path of a shaman and to fully understand the authentic path of a shaman. The respectful use of shamanic plant medicine. To begin to understand, respect, care and love our planet and everything upon her.

*Group and One-to-one:*

Kurikindi will travel to the rainforest in February and you will have the option to either complete the fourth module of the course when he returns to the UK or to travel to the rainforest to complete the course intensively there (the latter option would incur additional costs).

*The final session (wherever held) will also celebrate the end of the course. This will include shamanic songs, a cleansing ceremony, meditation, Amazonian tea and the sharing of food. Please allow 2 additional hours for this final celebration.*

**SCHEDULE SUMMARY**

<b><u>Module 1</u></b>	<b><u>Module 2</u></b>	<b><u>Module 3</u></b>	<b><u>Module 4</u></b>
<b>Session 1</b> <u>Group:</u> Saturday 23 <sup>rd</sup> June 2018  <u>One-to-one:</u> Tuesday 3 <sup>rd</sup> July 2018	<b>Session 4</b> <u>Group:</u> Saturday 15 <sup>th</sup> Sept 2018  <u>One-to-one:</u> Thursday 4 <sup>th</sup> Oct 2018	<b>Session 7</b> <u>Group:</u> Saturday 8 <sup>th</sup> Dec 2018  <u>One-to-one:</u> Tuesday 18 <sup>th</sup> Dec 2018	<b>Sessions 10, 11, 12</b> <u>Group and One-to-one:</u> Kurikindi will travel to the rainforest and you will have the option either to complete the course when he returns to the UK or to travel to the rainforest to complete the course intensively there (the latter option will incur additional costs)
<b>Session 2</b> <u>Group:</u> Saturday 21 <sup>st</sup> July 2018  <u>One-to-one:</u> Thursday 2 <sup>nd</sup> Aug 2018	<b>Session 5</b> <u>Group:</u> Saturday 20 <sup>th</sup> Oct 2018  <u>One-to-one:</u> Tuesday 30 <sup>th</sup> Oct 2018	<b>Session 8</b> <u>Group:</u> Sunday 13 <sup>th</sup> Jan 2019  <u>One-to-one:</u> Tuesday 22 <sup>nd</sup> Jan 2019	
<b>Session 3</b> <u>Group:</u> Saturday 18 <sup>th</sup> Aug 2018  <u>One-to-one:</u> Tuesday 4 <sup>th</sup> Sept 2018	<b>Session 6</b> <u>Group:</u> Saturday 10 <sup>th</sup> Nov 2018  <u>One-to-one:</u> Tuesday 20 <sup>th</sup> Nov 2018	<b>Session 9</b> <u>Group:</u> Sunday 10 <sup>th</sup> Feb 2019  <u>One-to-one:</u> Tuesday 12 <sup>th</sup> Feb 2019	

## HOW TO APPLY FOR A PLACE ON THE COURSE

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If you would like to participate on this course, please fill in the application form attached to the end of this document and send it to **[courses@kurikindifoundation.org](mailto:courses@kurikindifoundation.org)**

Kurikindi may contact you to ask for more detailed information about your objectives for joining the course and discuss if it is the right time to work together.

We apologise in advance that not everyone may be accepted on the course, or may not be accepted to start exactly when they might want to; it may be that Kurikindi asks you to work on certain aspects of your life or energy before starting.

## COURSE FEE

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**The total cost of the course is £4320.**

Course fees can either be paid in full or in 3 instalments.

If you choose to pay in instalments, 50% of the fees (£2160) must be paid as a non-refundable deposit to reserve your place on the course. The balance may be paid in two equal instalments of £1080.

Full payment of all course fees must be received before the course starts. All payments must be made directly to The Kurikindi Foundation.

*The fees quoted here do not include any travel to, or training in, the rainforest during the course or thereafter.*

### PAYMENT DETAILS

Account name: Kurikindi

Account number: 73799459

Sort code: 600916

Bank: Natwest

Please reference your payment(s) with your surname and 2018 (e.g. Brown2018).

### CANCELLATION POLICY

The course deposit is non-refundable.

If your circumstances change and you cannot attend the full course, any payments over the level of the deposit will be returned to you pro rata to the dates you have attended.

## YOUR DUTY OF PERSONAL CARE

You must undertake this course freely, at your own risk and be responsible for your own health and wellbeing, both emotional and physical. Please make Kurikindi aware in writing of any health issues (emotional or physical) or changes in circumstance that you feel may affect your attendance. Notify him of any medication you are taking or allergies you may have.

## CONFIDENTIALITY

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All personal information will be held in confidence by Kurikindi and The Kurikindi Foundation. Your information will not be shared with any third parties without your express consent to the contrary.

## KURIKINDI

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Kurikindi is an indigenous Kichwa Amazonian Shaman. He was born in the rainforest of Ecuador and into to an ancient lineage of shamanic families.

Kurikindi has over 40 years of experience. From an early age, he has walked the path of a shaman. In his family there is no separation between everyday life and shamanic life. Before he could even walk or talk, he was immersed in the shamanic way of life. He feels that growing up in this atmosphere was a great privilege and an honour. His family travelled long distances and to other countries in South America to spend time with shamans from other cultures and nationalities to learn and share knowledge and experiences. Kurikindi had a unique opportunity to learn from, and work alongside both male and female shamans, as both his parents, grandparents and great grandparents were practising shamans. This was a very unusual situation in the Amazon.

Kurikindi's life changed dramatically when he was 12 years old; he had to save the life of a powerful and well-known shaman – his father. From then on, and although still very young, he was recognised as an *adult* practising shaman. Until that time, he had only been considered an apprentice. At 4 years of age, Kurikindi began experiencing visions and now at 51 years of age, still young by most shamanic standards, he finds himself in the UK, ready to talk, to teach, to learn and to listen.

## KURIKINDI'S INTENTION

All net proceeds from Kurikindi's teachings are used to further shamanic work to maintain projects in Ecuador and to protect the Ecuadorian rainforest and its people.

## OPTIONAL, ADDITIONAL TRAINING IN THE AMAZON RAINFORESTS OF ECUADOR IN 2019

You will have the opportunity to study intensively with Kurikindi in his native land and to deepen your shamanic knowledge through experience, teachings and ceremony.



*This addition to the course is to be booked **separately***

*This additional training takes place in the rainforest and the overall trip lasts 17 days, which includes your arrival/departure days, time to rest and travel to/from the Shamanic Centre (deep in the Amazon). There will be daily intensive study for 8 consecutive days at the Centre, comprising of teaching sessions, ceremony, meditation and talks. This is a challenging level of training and you must have, at least, completed the 4 Month Foundation Course to participate. It is essential for both teacher and student to have total confidence in each others' abilities. Attendance is at Kurikindi's discretion.*



**FULL NAME:****DATE OF BIRTH:****PROFESSION:**

- 1) What is your understanding of shamanism and the role of a shaman?
- 2) What has made you choose to participate in shamanic training?
- 3) Why do you feel you could benefit from this type of training?
- 4) What do you think you might learn from this course?
- 5) Do you have anything that you want to change about your life, as it is now, that you hope this course can help you with?
- 6) Do you feel that you have a good level of intuition?
- 7) Is there anything specific that you would like to work on during this course?
- 8) Have you previously participated in any form of shamanic training? If so, please provide brief details of what, where and when.
- 9) Please also add a small paragraph about the experience and any benefit you felt you received.
- 10) Would you consider your level of understanding of Amazonian shamanism to be Beginner, Intermediate or Advanced ?
- 11) Please outline your medical history, your current state of health and list any medications that you are taking.

*Please sign (electronic signature also accepted) and date this questionnaire and return it to: [courses@kurkindifoundation.org](mailto:courses@kurkindifoundation.org)*

**Signature:****Date:**