



# AMAZONIAN SHAMANISM

4 Month Course: June – Sept 2018



## WALKING THE SHAMANIC PATH

During the course you will work on various aspects of shamanism to enhance your energy and wellbeing and your connection with others.

The course content for each module has a general theme, which may be expanded on or vary depending on the group dynamic and the experience of each individual. As such, some subjects may be covered more quickly or more slowly.

There will be group and individual work and an element of practice to do in between sessions. Please do not begin the course now if you are not committed to completing the homework in between sessions. Please wait until you are ready.

## THE PURPOSE OF THE COURSE

To further and deepen your knowledge of yourself, your energy and how to work with the ancient Amazonian shamanic ways. The intention is not that you complete the course qualified as a practising shaman – this is the beginning of your advanced quest into the realm of shamanism and the laying of foundations to ensure that you have a fuller knowledge of yourself and the physical/energetic planes.

## SCHEDULE AND LOCATION

This course is divided into 4 monthly modules with one group session and one individual session per month.

Group and One-on-one sessions will take place in Greenwich, London. You will be notified of exact location and contact details upon joining the course.

## WALKING THE SHAMANIC PATH

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### OVERVIEW

*Kurikindi, an Amazonian shaman of the Jaguar lineage and Kichwa tribal leader, has created this course to provide his students with a solid foundation of knowledge from which they can live in a deeper connection with their true self, environment and our ever-evolving world.*

During this course you will learn unique shamanic techniques to enhance your life and wellbeing. You will work with spiritual energy, learn about rainforest medicinal plants and Kurikindi's traditional Amazonian approach to holistic healing.

This course is divided into monthly modules, consisting of one day's full training and a one-to-one session each month with Kurikindi. There will also be tasks to practise in between in preparation for the following module.

The course content will be taught at varying depths of knowledge, depending upon the course level. The modules may vary, depending on the group dynamic and the experience of each individual.

The training will run across three levels: Level 1, Level 2 and Level 3. The application process for the course will determine your initial level of training.

### THE PURPOSE OF THE COURSE

To further and deepen your knowledge of yourself, your energy and how to work with the ancient Amazonian shamanic ways. The intention is not that you complete the course qualified as a practising shaman – this is the beginning of your advanced quest into the realm of shamanism and the laying of foundations to ensure that you have a fuller knowledge of yourself and the physical/energetic planes.

There is a great need in the world for more people to work towards living in peace and harmony. Kurikindi is passionate about sharing his knowledge and healing wisdom, his understanding of nature and energy and his vision of a healthier future – for us and the Earth.

## SCHEDULE

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The course is divided into 4 modules – one group session and a one-to-one session per month. The group sessions will be on a weekend day (from 10am to 6pm) and the one-to-one sessions will be on a weekday.

### MODULE 1

#### ***Walking the Authentic Path of the Shaman***

You will begin your training with Kurikindi by preparing your mind, body and spirit for your future shamanic learning. A clear and strong basis within one's self is crucial to walking this path. You will examine your emotions and energy in order to create balance and harmony within.

##### *The Mind*

You will explore your innermost thoughts and energy to find an emotional balance that is clean and clear. This initial work is essential preparation for the remainder of the course.

##### *The Body*

You will learn how to manage both male and female energies within yourself. Kurikindi will teach you shamanic ways that may be practised in your everyday life to reinforce and maintain your sense of harmony and strength.

##### *The Spirit*

You will learn how to create a holistic balance between body, mind and spirit and to amplify the energies within. You will work with song, ceremonies and meditation.

There will be a tobacco tea ceremony to begin the cleansing process. It is necessary to fast before this ceremony – please ask for details.

##### Group:

Level 1: Saturday 9<sup>th</sup> June

Level 2: Sunday 10<sup>th</sup> June

Level 3: Sunday 24<sup>th</sup> June

##### One-to-one:

Level 1: Tuesday 19<sup>th</sup> June

Level 2: Thursday 21<sup>st</sup> June

Level 3: Thursday 5<sup>th</sup> July

**MODULE 2*****Walking the Shamanic Energy Path***

In this second training session, we will explore the nature of Awa Pacha (The Universe), Kai Pacha (The Physical World) and Uku Pacha (The Spirit World) from the Kichwa shamanic perspective.

*Awa Pacha (The Universe)*

Here you will practise quietening your mind in order to learn the art of the Taki (shamanic medicine song/sound used for healing and connection to energy).

*Kai Pacha (The Physical World)*

Here you will learn about the four elements of Earth, Water, Fire and Air and how to perceive the energetic world we live in. It is important to practise this aspect of the training regularly.

*Uku Pacha (The Spirit World)*

It is important to understand ancient shamanic cosmology, spiritual relationships with ancestors and to be guided by the lessons we can draw from the harmonious ways of the rainforest.

Group:

Level 1: Saturday 7<sup>th</sup> July

Level 2: Sunday 8<sup>th</sup> July

Level 3: Sunday 22<sup>nd</sup> July

One-to-one:

Level 1: Tuesday 17<sup>th</sup> July

Level 2: Thursday 19<sup>th</sup> July

Level 3: Tuesday 31<sup>st</sup> July

**MODULE 3*****How to Use Shamanic Energy***

In this session you will be deepening your natural gifts to further your connection with the four elements and the energies of Awa Pacha, Kai Pacha and Uku Pacha. Kurikindi will work with you to enhance your flow of shamanic energy and its use within your everyday life.

Group:

Level 1: Saturday 11<sup>th</sup> Aug

Level 2: Sunday 12<sup>th</sup> Aug

Level 3: Sunday 19<sup>th</sup> Aug

One-to-one:

Level 1: Tuesday 21<sup>st</sup> Aug

Level 2: Thursday 23<sup>rd</sup> Aug

Level 3: Thursday 30<sup>th</sup> Aug

**MODULE 4**

**Consolidating the Path of the Shaman**

In this session you will learn how to move forward on your shamanic journey with love and respect for yourself, the Earth and humanity. Kurikindi will explain the appropriate and inappropriate uses of plant medicine to help you gain a deeper understanding of how to walk an authentic shamanic path.

Group:

Level 1: Saturday 8<sup>th</sup> Sept  
Level 2: Sunday 9<sup>th</sup> Sept  
Level 3: Sunday 16<sup>th</sup> Sept

One-to-one:

Level 1: Tuesday 18<sup>th</sup> Sept  
Level 2: Thursday 20<sup>th</sup> Sept  
Level 3: Thursday 27<sup>th</sup> Sept

The course will end with a celebration ceremony. Please allow extra time for this last session.

**SCHEDULE SUMMARY**

	<u>Level 1</u>	<u>Level 2</u>	<u>Level 3</u>
<b><u>Module 1</u></b>	<u>Group:</u> Saturday 9 <sup>th</sup> June  <u>One-to-one:</u> Tuesday 19 <sup>th</sup> June	<u>Group:</u> Sunday 10 <sup>th</sup> June  <u>One-to-one:</u> Thursday 21 <sup>st</sup> June	<u>Group:</u> Sunday 24 <sup>th</sup> June  <u>One-to-one:</u> Thursday 5 <sup>th</sup> July
<b><u>Module 2</u></b>	<u>Group:</u> Saturday 7 <sup>th</sup> July  <u>One-to-one:</u> Tuesday 17 <sup>th</sup> July	<u>Group:</u> Sunday 8 <sup>th</sup> July  <u>One-to-one:</u> Thursday 19 <sup>th</sup> July	<u>Group:</u> Sunday 22 <sup>nd</sup> July  <u>One-to-one:</u> Tuesday 31 <sup>st</sup> July
<b><u>Module 3</u></b>	<u>Group:</u> Saturday 11 <sup>th</sup> Aug  <u>One-to-one:</u> Tuesday 21 <sup>st</sup> Aug	<u>Group:</u> Sunday 12 <sup>th</sup> Aug  <u>One-to-one:</u> Thursday 23 <sup>rd</sup> Aug	<u>Group:</u> Sunday 19 <sup>th</sup> Aug  <u>One-to-one:</u> Thursday 30 <sup>th</sup> Aug
<b><u>Module 4</u></b>	<u>Group:</u> Saturday 8 <sup>th</sup> Sept  <u>One-to-one:</u> Tuesday 18 <sup>th</sup> Sept	<u>Group:</u> Sunday 9 <sup>th</sup> Sept  <u>One-to-one:</u> Thursday 20 <sup>th</sup> Sept	<u>Group:</u> Sunday 16 <sup>th</sup> Sept  <u>One-to-one:</u> Thursday 27 <sup>th</sup> Sept

## HOW TO APPLY FOR A PLACE ON THE COURSE

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If you would like to participate on this course, please fill in the application form attached to the end of this document and send it to **courses@kurikindifoundation.org**

Kurikindi may contact you to ask for more detailed information about your objectives for joining the course and discuss if it is the right time to work together.

We apologise in advance that not everyone may be accepted on the course, or may not be accepted to start exactly when they might want to; it may be that Kurikindi asks you to work on certain aspects of your life or energy before starting.

## COURSE FEE

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**The total cost of the course is £2475.**

Course fees can either be paid in full or in 3 instalments.

If you choose to pay in instalments, 50% of the fees (£1239) must be paid as a non-refundable deposit to reserve your place on the course. The balance may be paid in two equal instalments of £618.

Full payment of all course fees must be received before the course starts. All payments must be made directly to The Kurikindi Foundation.

*The fees quoted here do not include any travel to, or training in, the rainforest during the course or thereafter.*

### PAYMENT DETAILS

Account name: Kurikindi

Account number: 73799459

Sort code: 600916

Bank: Natwest

Please reference your payment(s) with your surname and JS2018 (e.g. BrownJS2018).

### CANCELLATION POLICY

The course deposit is non-refundable.

If your circumstances change and you cannot attend the full course, any payments over the level of the deposit will be returned to you pro rata to the dates you have attended.

## YOUR DUTY OF PERSONAL CARE

You must undertake this course freely, at your own risk and be responsible for your own health and wellbeing, both emotional and physical. Please make Kurikindi aware in writing of any health issues (emotional or physical) or changes in circumstance that you feel may affect your attendance. Notify him of any medication you are taking or allergies you may have.

## CONFIDENTIALITY

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All personal information will be held in confidence by Kurikindi and The Kurikindi Foundation. Your information will not be shared with any third parties without your express consent to the contrary.

## KURIKINDI

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Kurikindi is an indigenous Kichwa Amazonian Shaman. He was born in the rainforest of Ecuador and into to an ancient lineage of shamanic families.

Kurikindi has over 40 years of experience. From an early age, he has walked the path of a shaman. In his family there is no separation between everyday life and shamanic life. Before he could even walk or talk, he was immersed in the shamanic way of life. He feels that growing up in this atmosphere was a great privilege and an honour. His family travelled long distances and to other countries in South America to spend time with shamans from other cultures and nationalities to learn and share knowledge and experiences. Kurikindi had a unique opportunity to learn from, and work alongside both male and female shamans, as both his parents, grandparents and great grandparents were practising shamans. This was a very unusual situation in the Amazon.

Kurikindi's life changed dramatically when he was 12 years old; he had to save the life of a powerful and well-known shaman – his father. From then on, and although still very young, he was recognised as an *adult* practising shaman. Until that time, he had only been considered an apprentice. At 4 years of age, Kurikindi began experiencing visions and now at 51 years of age, still young by most shamanic standards, he finds himself in the UK, ready to talk, to teach, to learn and to listen.

## KURIKINDI'S INTENTION

All net proceeds from Kurikindi's teachings are used to further shamanic work to maintain projects in Ecuador and to protect the Ecuadorian rainforest and its people.

## OPTIONAL, ADDITIONAL TRAINING IN THE AMAZON RAINFOREST OF ECUADOR IN 2019

You will have the opportunity to study intensively with Kurikindi in his native land and to deepen your shamanic knowledge through experience, teachings and ceremony.



*This addition to the course is to be booked **separately***

*This additional training takes place in the rainforest and the overall trip lasts 17 days, which includes your arrival/departure days, time to rest and travel to/from the Shamanic Centre (deep in the Amazon). There will be daily intensive study for 8 consecutive days at the Centre, comprising of teaching sessions, ceremony, meditation and talks. This is a challenging level of training and you must have, at least, completed the 4 Month Foundation Course to participate. It is essential for both teacher and student to have total confidence in each others' abilities. Attendance is at Kurikindi's discretion.*



**FULL NAME:****DATE OF BIRTH:****PROFESSION:**

- 1) What is your understanding of shamanism and the role of a shaman?
- 2) What has made you choose to participate in shamanic training?
- 3) Why do you feel you could benefit from this type of training?
- 4) What do you think you might learn from this course?
- 5) Do you have anything that you want to change about your life, as it is now, that you hope this course can help you with?
- 6) Do you feel that you have a good level of intuition?
- 7) Is there anything specific that you would like to work on during this course?
- 8) Have you previously participated in any form of shamanic training? If so, please provide brief details of what, where and when.
- 9) Please also add a small paragraph about the experience and any benefit you felt you received.
- 10) Would you consider your level of understanding of Amazonian shamanism to be Beginner, Intermediate or Advanced ?
- 11) Please outline your medical history, your current state of health and list any medications that you are taking.

*Please sign (electronic signature also accepted) and date this questionnaire and return it to: [courses@kurkindifoundation.org](mailto:courses@kurkindifoundation.org)*

**Signature:****Date:**